

CURRICULUM VITAE

Sang-Rok Lee, Ph.D.

GENERAL INFORMATION

University Address: Department Kinesiology & Dance
New Mexico State University
Las Cruces, NM, 88003

E-mail address: srlee@nmsu.edu

EDUCATION

Ph.D. Florida State University, Tallahassee, FL	2012
Major: Exercise Physiology	
M.S. Southern Illinois University, Carbondale, IL	2007
Major: Exercise Physiology	
M.S. Kookmin University, Seoul, South Korea	2002
Major: Physical Education	
B.S. Daejeon University, Daejeon, South Korea	2000
Major: Sport and Leisure Studies	

PROFESSIONAL EXPERIENCE

<u>Assistant Professor</u>	2015 – Present
Department of Kinesiology & Dance, New Mexico State University	
<u>Postdoctoral Research Associate in Cardiorespiratory/Metabolic laboratory</u>	2012 – 2015
Department of Health & Sport Sciences, University of Memphis	
<u>Graduate Faculty</u>	2012 – 2014
Department of Health & Sport Sciences, University of Memphis	
<u>Visiting Research Instructor</u>	2013 – 2014
Department of Health & Sport Sciences, University of Memphis	
<u>Graduate Research Assistant</u>	2007 – 2012
Muscle Physiology Laboratory, Florida State University	
<u>Graduate Teaching Assistant</u>	2010 – 2012
Department of Nutrition, Food & Exercise Sciences, Florida State University	

TEACHING AND ADVISING

New Mexico State University

Exercise Physiology (Undergraduate)

University of Memphis

Exercise Physiology: Metabolic/Cardiorespiratory Aspect (Graduate)

Exercise Programming for Special Populations (Undergraduate)

Student Internship (Undergraduate)

Florida State University

Functional Anatomy and Physiology II (Lab)

Master's Committee Member, University of Memphis

Gunnels, T. A., Master student. (2014).

Schriefer, J. M., Master student. (2014).

Logan, J. R., Master student (2014).

HONORS AND AWARDS

Elsie Thomas Miller Scholarship, College of Human Sciences, The Florida State University	2010
Scholarship for Academic Achievement, Daejeon University, South Korea	1999
Scholarship for Academic Achievement, Daejeon University South Korea	1996

SCHOLARLY OR CREATIVE ACTIVITIES

Refereed Journal Articles

1. **Lee, S-R.**, A.V. Khamoui, E. Jo, B-S. Park, M.C. Zourdos, L.B. Panton, M.J. Ormsbee, & J-S. Kim. Chronic high fat feeding and skeletal muscle mass and function in middle-aged mice. (Epub ahead of print). *Aging Clinical and Experimental Research*.
2. Zourdos, M.C., Henning, P.C., Jo, E., Khamoui, A.V., **Lee, S-R.**, Park, Y.M., Naimo, M., Panton, L.B., Nosaka, K., & Kim, J-S. The repeated bout effect in muscle-specific exercise variations. (Epub ahead of print). *J. Strength Condit. Res*.
3. Bloomer, R.J., Harvey, I.C., **Lee, S-R.**, & Stockton, M.L. Predicting postprandial oxidative stress using serum triglyceride data following oral fat tolerance testing. (2015). *British Journal of Medicine and Medical Research*. 5(12): 1514-26.
4. Clements, W.T., **Lee, S-R.**, & Bloomer, R.J. Nitrate ingestion: A review of the health and physical performance effects. (2014). *Nutrients*. 6, 5224-64.
5. Harvey, I.C., **Lee, S-R.**, Gunnels, T.A., Schriefer, J.M., & Bloomer, R.J. Absence of attenuation in oxidative stress response with repeated lipid-rich feedings (2014). *Oxidants and Antioxidants in Medical Science*. 3(2).
6. **Lee, S-R.**, J. M. Schriefer, T. A. Gunnels, I. C. Harvey, & R. J. Bloomer. (2013). Acute oral intake of a higenamine-based dietary supplement increases circulating free fatty acids and energy expenditure in human subjects. *Lipids Health Dis*. 12, 148.

7. Bloomer, R. J., & **S-R. Lee**. (2013). Women experience lower postprandial oxidative stress compared to men. *SpringerPlus*. 2, 553.
8. Park, B-S., P.C. Henning, S.C. Grant, W-J. Lee, **S-R. Lee**, B.H. Arjmandi, & J-S. Kim. (2013). HMB attenuates muscle loss during sustained energy deficit induced by calorie restriction and endurance exercise. *Metabolism*. 62(12), 1718-29.
9. Bloomer, R. J., T. M. Farney, C. G. McCarthy, & **S-R. Lee**. (2013). Cissus Quadrangularis reduces joint pain in exercise-trained men: A pilot study. *Phys Sportmed*. 41(3), 29-35.
10. Kim, J-S., Y-M. Park, **S-R. Lee**, I. S. Masad, A. V. Khamoui, E. Jo, B-S. Park, B. H. Arjmandi, L. B. Panton, W-J. Lee, & S. C. Grant. (2012). β -hydroxy- β -methylbutyrate did not enhance high intensity resistance training-induced improvements in myofiber dimensions and myogenic capacity in aged female rats. *Mol Cells*. 34(5), 439-48.
11. Jo, E., **S-R. Lee**, B-S. Park, & J-S. Kim. (2012). Potential mechanisms underlying the role of chronic inflammation in age-related muscle wasting. *Aging Clin Exp Res*. 24(5), 412-22.
12. Wilson, J. M., S. C. Grant, **S-R. Lee**, I. S. Masad, Y-M. Park, P. C. Henning, B. H. Arjmandi, L. B. Panton, & J-S. Kim. (2012). β -Hydroxy- β -Methyl-Butyrate blunts negative related changes in body composition, functionality, and myofiber dimensions in Fisher 344 rats. *J Int Soc Sports Nutr*. 9(1), 18.
13. Zourdos, M. C., Wilson, J. M., Sommer, B. A., **Lee, S-R.**, Park, Y-M., Henning, P. C., Naimo, M., Panton, L. B., & Kim, J-S. (2012). The effects of dynamic stretching on endurance performance and energy cost in trained runners. *J. Strength Condit. Res*. 26(2), 335-41.
14. Kim, J-S., J. M. Wilson, & **S-R. Lee**. (2010). Dietary implications on mechanisms of Sarcopenia: roles of protein, amino acids, and antioxidants. *J. Nutr. Biochem*. 21(1), 1-13.
15. Wilson, J. M., Hornbuckle, L. M., Kim, J-S., **Lee, S-R.**, Zourdos, M. C., Sommer, B. A., & Panton, L. B. (2010). Effects of static stretching on energy cost and running endurance performance. *J. Strength Condit. Res*. 24(9), 2274-9.
16. Wilson, J. M., J-S. Kim, **S-R. Lee**, J.A. Rathmacher, B. Dalmau, J.D. Kingsley, H. Koch, A.M. Manninen, & L.B. Panton. (2009). Acute and timing effects of beta-hydroxy-beta-methylbutyrate (HMB) on indirect markers of skeletal muscle damage. *Nutr and Metab (Lond)*. 6, 6.

Manuscripts under Review

1. Schriefer, J.M., Gunnels T.A., **Lee, S-R.**, Sable, J.H., Buddington, R.K., Buddington, K.K., & Bloomer, R.J. (Submitted). Impact of dietary composition and exercise training on physical performance and body composition in male rats: influence of ad libitum feeding and mild caloric restriction. *British Journal of Nutrition*. Manuscript submitted for publication.
2. Zourdos, M.C., Jo, E., Khamoui, A.V., **Lee, S-R.**, Park, B-S., Ormsbee, M.J., Panton, L.B., Contreras, R.J., & Kim, J-S. (Submitted). Modified Daily Undulating Periodization Model Produces Greater Performance than a Traditional Configuration in Powerlifters. *J. Strength Condit. Res*. Manuscript submitted for publication.
3. Zourdos, M.C., Bazylar, C.D., Jo, E., Khamoui, A.V., Park., B-S., **Lee, S-R.**, Panton, L.B., & Kim, J-S. (Submitted). Influence of a sub-maximal warm-up on endurance performance in trained runners during a 30-minute time-controlled distance trial. *Journal of Sports Sciences*. Manuscript submitted for publication.

- Hoffmeister, B. K., M. R. Smathers, C. J. Miller, J. A. McPherson, C. R. Thurston, P. L. Spinolo, **S-R. Lee**. (Submitted). Backscatter difference measurements of cancellous bone using an ultrasonic imaging system. *Ultrasonic Imaging*. Manuscript submitted for publication.

Manuscripts in Preparation

- Lee, S-R.**, L. B. Panton, E. Jo, A. V. Khamoui, B-S. Park, B. H. Arjmandi, & J-S. Kim. The effects of conjugated linoleic acid and omega-3 polyunsaturated fatty acid administration in resting or loaded skeletal muscles in high fat diet-fed middle aged mice.
- Lee, S-R.**, E. Jo, & J-S. Kim. Chronic inflammation induced muscle wasting during aging and potential countermeasure strategies.
- Melcher, D. A., M. R. Paquette, B. K. Schilling, S. A. Peel, **S-R. Lee**, R. J. Bloomer. Effects of MSM supplementation on muscle function, oxidative stress, and associated variables following eccentric exercise.

Encyclopedia Entries

- Bloomer RJ, & **Lee S-R**. Dietary and caloric restriction for health and performance. In: Simon MI & Abelson J (Eds). *Encyclopedia of Human Biology*, 3rd Ed. ISBN: 9780122269806. Elsevier, Oxford, UK. In Press.

PRESENTATIONS

Refereed Presentation at Conferences

National Conferences

- Spinolo, P., B. Hoffmeister, **S-R. Lee**, J. H. Quantitative ultrasonic bone assessment using backscatter measurements at 1 MHz. *American Physical Society*. March 2015. (accepted).
- Oh, S-L., **S-R. Lee**, A. V. Khamoui, E. Jo, B-S. Park, M. J. Ormsbee, L. B. Panton, D-H. Kim, M-C. Yeh, W-J. Lee. & J-S. Kim. Effects of CLA/n-3 and Resistance Training on Muscle Quality in Middle-aged Mice During High-fat Diet. *Med. Sci. Sports. Exerc.* May 2014.
- Lee, S-R.**, E. Jo, A.V. Khamoui, B-S. Park, M. C. Zourdos, L. B. Panton, M. J. Ormsbee, & J-S. Kim. Resistance Training and CLA/n-3 Administration Improve Myofiber Size and Myogenic Capacity in High Fat Diet-Fed Mice. *FASEB J.* April 2013.
- Park, B-S., P. C. Henning, A. V. Khamoui, Jo, **S-R. Lee**, M. C. Zourdos. D-H. Kim, M-C. Yeh, & J-S. Kim. HMB Attenuates a Loss of Myofiber Cross-Sectional Area during Prolonged Exercise with Calorie Restriction by Enhancing Regenerative Capacity. *FASEB J.* April 2013.
- Lee, S-R.**, A.V. Khamoui, E. Jo, B-S. Park, M. C. Zourdos, N. Bakhshalian, S. C. Grant, B. H. Arjmandi, M. C. Ormsbee, & J-S. Kim. Anti-catabolic Effects of CLA/n-3 in Resting and Loaded Muscles of a High Fat Diet-fed Mice. *Med. Sci. Sports. Exerc.* May 2012.
- Kim, J-S., **S-R. Lee**, S. C. Grant, E. Jo, A. V. Khamoui, B-S. Park, M. C. Zourdos, S. Hooshmand, M.C. Ormsbee, & B. H. Arjmandi. Fatty Acid Intake and Exercise Improve Body Composition and Functionality in High Fat Diet-fed Mice. *Med. Sci. Sports. Exerc.* May 2012.
- Jo. E., M. C. Zourdos, J. M. Wilson, K. K. Nosaka, **S-R. Lee**, M. Naimo. P. C. Henning, Y-M. Park, A. V. Khamoui, B-S. Park, L. B. Panton, & J-S. Kim. Varying Muscle-specific Exercise Between

- Consecutive Training Sessions does not Diminish the Repeated Bout Effect. *Med. Sci. Sports. Exerc.* May 2012.
8. Zourdos, M. C., A. V. Khamoui, E. Jo, B-S. Park, **S-R. Lee**, L. B. Panton, R. J. Contreras, M. C. Ormsbee, J. M. Wilson, & J-S. Kim. Changes in Maximal Strength with Two Different Models of Daily Undulating Periodization in Trained Powerlifters. *Med. Sci. Sports. Exerc.* May 2012.
 9. **Lee, S-R.**, J. M. Wilson, P. C. Henning, Y-M. Park, I. S. Masad, S. C. Grant, & J-S. Kim. MR-determined Sarcopenia and Associated Transcript Factors in Sprague-Dawley Male Rats. *FASEB J.* April 2011.
 10. Kim, J-S., P. C. Henning, B-S. Park, **S-R. Lee**, N. Bakhshalian, I. S. Masad, J. M. Wilson, Y-M. Park, B. H. Arjmandi, & S. C. Grant. Impact of β -Hydroxy- β -Methylbutyrate on Body Composition, Functionality, and Myofiber Dimensions during Normal vs. Catabolic Conditions: *In Vivo* Analyses. *FASEB J.* April 2011.
 11. Park, B-S., P. C. Henning, **S-R. Lee**, J. M. Wilson, Y-M. Park, E. Jo, A. V. Khamoui, M. C. Zourdos, & J-S. Kim. β -hydroxy- β -methylbutyrate (HMB) Improves Muscle Mass and Myogenesis and Attenuates Protein Degradation during a 6-week Catabolic Condition. *FASEB J.* April 2011.
 12. Henning, P. C., B-S. Park, **S-R. Lee**, J. M. Wilson, Y-M. Park, B. H. Arjmandi, S. C. Grant, J. A. Rathmacher, & J-S. Kim. β -hydroxy- β -methylbutyrate (HMB) Improves Muscle Mass and Protein Turnover in Male Mice during a 6-week Catabolic Condition. *Med. Sci. Sports. Exerc.* May 2011.
 13. Park, Y-M., **S-R. Lee**, J. M. Wilson, P. C. Henning, S. C. Grant, B. H. Arjmandi, J. A. Rathmacher, & J-S. Kim. Effects of β -hydroxy- β -methylbutyrate on Myogenesis in Old Rats during Resistance Training. *Med. Sci. Sports. Exerc.* May 2011.
 14. Wilson, J. M., **S-R. Lee**, P. C. Henning, C. Ugrinowitsch, S. C. Grant, Y-M. Park, I. S. Masad, K. P. Leonard, M. C. Zourdos, N. Bakhshalian, L. B. Panton, & J-S. Kim. Effects Of β -hydroxy- β -methylbutyrate (HMB) On Myofiber Dimensions And Myogenic Capacity In Young And Old Fisher 344 Rats. *Med. Sci. Sports. Exerc.* May 2011.
 15. **Lee, S-R.**, J. M. Wilson, P. C. Henning, C. Ugrinowitsch, Y-M. Park, M. C. Zourdos, B-S. Park, A. V. Khamoui, E. Jo, S. C. Grant, L. B. Panton, & J-S. Kim. β -hydroxy- β -methylbutyrate (HMB) Improves Relative Grip Strength and Sensorimotor Function in Middle aged and Old Rats. *Med. Sci. Sports. Exerc.* May 2010.
 16. Henning, P. C., J. M. Wilson, **S-R. Lee**, A. Figueroa, L. B. Panton, D. Mendez, M. C. Zourdos, Y-M. Park, S. Hooshmand, F. V. Anaya, & J-S. Kim. Effects of 3 or 6 grams of β -hydroxy- β -methylbutyrate (HMB) on muscle damage and performance in elderly. *Med. Sci. Sports. Exerc.* May 2010.
 17. Park, Y-M., **S-R. Lee**, J. M. Wilson, P. C. Henning, N. Bakhshalian, C. Ugrinowitsch, M. C. Zourdos, B-S. Park, E. Jo, A. V. Khamoui, & J-S. Kim. Influence of β -hydroxy- β -methylbutyrate on Body Composition and Neuromuscular Function in Old Rats during Resistance Training. *Med. Sci. Sports. Exerc.* May 2010.
 18. Kim, J-S., J. M. Wilson, **S-R. Lee**, P. C. Henning, Y-M. Park, M. C. Zourdos, C. Ugrinowitsch, S. C. Grant, L. B. Panton, J. A. Rathmacher, & B. H. Arjmandi. Daily β -hydroxy- β -methylbutyrate (HMB) Intake Prevents A Loss of Lean/Total Body Mass Ratio during Senescence. *Med. Sci. Sports. Exerc.* May 2010.

19. Wilson J. M., **S-R. Lee**, P. C. Henning, C. Ugrinowitsch, S. C. Grant, Y-M. Park, I. S. Masad, K. P. Leonard, M. C. Zourdos, N. Bakhshalian, L. B. Panton, & J-S. Kim. β -hydroxy- β -methylbutyrate (HMB) Decreases Body Fat in Middle Aged and Old Rats. *FASEB J.* April 2010.
20. Kim, J-S., Y-M. Park, **S-R. Lee**, J. M. Wilson, P. C. Henning, I. S. Masad, C. Ugrinowitsch, B. H. Arjmandi, & S. C. Grant. Effects of β -hydroxy- β -methylbutyrate (HMB) on Myofiber Dimension and Myogenic Response in Old Sprague-Dawley Female Rats during 10-Week Resistance Training. *FASEB J.* April 2010.
21. Park, Y-M., **S-R. Lee**, J. M. Wilson, P. C. Henning, C. Ugrinowitsch, M. C. Zourdos, S. C. Grant, B. H. Arjmandi, J. A. Rathmacher, & J-S. Kim. Effects of β -hydroxy- β -methylbutyrate (HMB) on Muscle IGF-I and MGF mRNA Expression in Aged Female Rats during 10-Week Resistance Training. *FASEB J.* April 2010.
22. Masad, I. S., J. M. Wilson, **S-R. Lee**, Y-M Park, P. C. Henning, B. H. Arjmandi, J-S Kim, & S. C. Grant. Diffusion Tensor Imaging to Track Changes in Skeletal Muscle Architecture of Sarcopenic Rats. *ISMRM/ESMRMB.* 2010.
23. Masad, I.S., Y-M Park, **S-R. Lee**, J. M. Wilson, P. C. Henning, B. H. Arjmandi, S. C. Grant, & J-S Kim. Effects of β -hydroxy- β -methylbutyrate (HMB) during Resistance Training on Muscle Fiber CSA and Lean Body Mass in Aged Rats: A DTI and DEXA Study. *ISMRM/ESMRMB.* 2010.
24. **Lee, S-R.**, E. C. Archer, J. M. Wilson, K. P. Leonard, C. Ugrinowitsch, Y-M. Park, P. C. Henning, S. Hooshmand, N. Bakhshalian, & J-S. Kim. DXA-determined Body Composition Differences between Young and Old Rats Are Not Sensitive Enough to Predict Age-related Strength and Sensorimotor Function Decrements. *Med Sci Sports Exerc.* May 2009.
25. Zourdos, M. C., J. M. Wilson, B. A. Sommer, L. M. Hornbuckle, Y-M. Park, **S-R. Lee**, L. B. Panton, & J-S. Kim. The Effects of Dynamic Stretching on Endurance Performance during A 30-Minutire Time Trial. *Med Sci Sports Exerc.* May 2009.
26. Sommer, B. A., J. M. Wilson, M. C. Zourdos, L. M. Hornbuckle, Y-M. Park, **S-R. Lee**, L. B. Panton, & J-S. Kim. The Effects of Dynamic stretching on Energy Cost during A 30-Minute Time Trial. *Med Sci Sports Exerc.* May 2009.
27. Wilson, J. M., J-S. Kim, **S-R. Lee**, G. J. Wilson, B. A. Sommer, J. Colon, T. Diah, D. Mendez, J. D. Kingsley, & L. B. Panton, Acute timing effects of β -hydroxy β -methyl butyrate (HMB) supplementation on serum indices of muscle damage. *Med Sci Sports Exerc.* May 2009.
28. Kim, J-S., J. M. Wilson, **S-R. Lee**, G. J. Wilson, B. A. Sommer, J. Colon, T. Diah, D. Mendez, J. D. Kingsley, & L. B. Panton. Acute Timing Effects of β -Hydroxy β -Methyl Butyrate (HMB) Supplementation on Muscle Strength and Soreness. *Med Sci Sports Exerc.* May 2008.
29. Wilson, J. M., L. M. Hornbuckle, J-S. Kim, B. A. Sommer, **S-R. Lee**, T. Diah, B. Dalmeau, D. Mendez, & L. B. Panton. The Effects Of Static Stretching On Energy Cost And Endurance Performance During Treadmill Running. *Med Sci Sports Exerc.* May 2008.

Regional Conferences

1. **Lee, S-R.**, Y-M. Park, J. M. Wilson, P. C. Henning, M. C Zourdos, N. Bakhshalian, C. Ugrinowitsch, B-S. Park, A. V. Khamoui, E. Jo, & J-S. Kim. Effects of β -hydroxyl- β -methylbutyrate (HMB) on Body Composition in Old Sprague-Dawley Female Rats during 10-Week Resistance Training. The 2010 Southeast Regional American College of Sports Medicine. Greenville, SC. 2010.

2. Park, Y-M., J. M. Wilson, **S-R. Lee**, P. C. Henning, B. H. Arjmandi, C. Ugrinowitsch, K. P. Leonard, & J-S. Kim. β -hydroxyl- β -methylbutyrate (HMB) Improves Maximum Strength in Aged Sprague-Dawley Female Rats during 10-Week Resistance Training. The 2010 Southeast Regional American College of Sports Medicine. Greenville, SC. 2010.
3. Henning, P. C., J. M. Wilson, **S-R. Lee**, A. Figueroa, L. B. Panton, D. Mendez, M. C. Zourdos, Y-M. Park, S. Hooshmand, F.V. Anaya, & J-S. Kim. Effects of 3 or 6 Grams of β -hydroxyl- β -methylbutyrate (HMB) on Muscle Damage and Performance in Elderly. The 2010 Southeast Regional American College of Sports Medicine. Greenville, SC. 2010.
4. Zourdos, M. C., C. Ugrinowitsch, J. M. Wilson, **S-R. Lee**, M. Naimo, P. C. Henning, Y-M. Park, K. Nosaka, & J-S. Kim. Changing Exercise Between Sessions Does Not Prevent The Repeated Bout Effect Occurrence. The 2010 Southeast Regional American College of Sports Medicine. Greenville, SC. 2010.
5. Wilson, J. M., J-S. Kim, J. Colon, H. Koch, B. Dalmeau, B. Rosenfeld, G. J. Wilson, **S-R. Lee**, J. D. Kingsley, & L. B. Panton. Acute timing effects of Hydroxy Methyl Butyrate (HMB) supplementation on strength and soreness. The 2009 Southeast Regional American College of Sports Medicine. Birmingham, AL. 2009.
6. Wilson, J. M., J-S. Kim, **S-R. Lee**, G. J. Wilson, B. A. Sommer, J. Colon, T. Diah, D. Mendez, J. D. Kingsley, L. B. Panton. Acute timing effects of β -hydroxy β -methyl butyrate (HMB) supplementation on serum indices of muscle damage. The 2009 Southeast Regional American College of Sports Medicine. Birmingham, AL. 2009.

CONTRACTS AND GRANTS

Contracts and Grants Funded

Kim, J-S., & **S-R. Lee**. (Co-PI) (2011-2012), & M.J. Ormsbee. Anti-Sarcopenic Effects of CLA/n-3 in Resting or Loaded Muscles during High Fat Diet. **Vital Pharmaceuticals, Inc. Total award \$10,000 (CLA and n-3 Supplement Supply).**

Kim, J-S., & **S-R. Lee**. (Co-PI). (2011-2012). Effects of anti-inflammatory supplements and exercise training on sarcopenic obesity. **Saekwang FRP Inc. South Korea. Total award \$8,000.**

Lee, S-R. (2011-2012). Dissertation Award. Funded by the Graduate School, **The Florida State University. Total award \$750.**

Lee, S-R. (2011-2012). Dissertation Award. Funded by College of Human Sciences, **The Florida State University. Total award \$500.**

Contracts and Grant Not Funded

Buddington, R. K., T. Sutter, A. Liu, M. van der Merwe, H. Sable, **S-R. Lee**, & K. Buddington. (Co-PI). Responses of host/gut microbiota interactions to stressors that disturb sleep cycles and circadian rhythms are mediated by changes in host physiology. **Office of Naval Research. Total award \$1,234,434.**

Lee, S-R. Anti-Sarcopenic Effects of CLA/n-3 in Resting or Loaded Muscles during High Fat Diet. Doctoral Student Research Grants, **American College of Sports Medicine. Total award \$5,000.**

PROFESSIONAL ASSOCIATION

Manuscript Reviewer

Nutrition and Diabetes
 Journal of Sports Sciences
 European Journal of Applied Physiology
 Journal of Functional Foods
 European Journal of Nutrition

Professional Societies

American College of Sports Medicine
 The American Physiological Society

PROFESSIONAL CREDENTIALS

Dual Energy X-ray Absorptiometry (DXA) Operator	American Registry of Radiologic Technologists
Life Guard	Korea Red Cross Association
Instructor License (Tennis)	Korea Ministry Culture Sport & Tourism
Instructor License (Swimming)	Korea Ministry Culture Sport & Tourism
Scuba Diving (Open Water)	NAUI
Recreation Leadership	Korea Recreation Association

LANGUAGE PROFICIENCY

English – fluent in speaking, reading, and writing
 Korean – mother tongue

References

****Additional References Available Upon Request****

Richard J. Bloomer, Ph.D.
Professor and Chair – Department of Health and Sport Sciences
The University of Memphis
106 Fieldhouse
Memphis, TN 38152
Office: 901-678-5638
Email: rbloomer@memphis.edu

Jeong-Su Kim, Ph.D.
Associate Professor – Department of Nutrition, Food, and Exercise Sciences
The Florida State University
432 Sandels Building
Tallahassee, FL 32306
Office: 850-644-4795
Email: jkim6@fsu.edu

Lynn B. Panton, Ph.D., FACSM.
Associate Professor – Department of Nutrition, Food, and Exercise Sciences
The Florida State University
100C Sandels Building
Tallahassee, FL 32306
Office: 850-644-4685
Email: lpanton@fsu.edu